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| --- | --- | --- | --- |
| **Membership** | **Location** | **Contact** | **Frequency** |
| People with intellectual disability | Redfern (Sydney) | Anneke Porter-Heubek0400 077 244Anneke@idrs.org.au  | Fortnightly  |
| People with intellectual disability | Cessnock (Hunter) | Michael Murphy-0439 162 227Michael@idrs.org.au | Fortnightly (commencing Feb 2016) |
| People with intellectual disability  | Central Coast | Ben Garcia-0427 462 208Benjamin@idrs.org.au | Fortnightly (commencing March 2016) |
| People with intellectual disability | Wollongong (tbc) | Ben Garcia-0427 462 208Benjamin@idrs.org.au  | Fortnightly (March, tbc) |
| Mothers with intellectual disability | Mt Druitt (Western Sydney) | Jillian McCarthy- 0427 177 675jillian@idrs.org.au  | Monthly (commencing Feb 2016) |
| Mothers with intellectual disability | Warilla (Shoalhaven) | Sandra Arnold-Sandra@idrs.org.au | Monthly (commencing Feb 2016) |