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| **Name of peer network** | **Who the peer network is for** | **Location of the peer network**  | **Who to contact for more information** |
| Up! Club Inner West<https://secure.downsyndromensw.org.au/participation/up-club-local/innerwest> | Adults with Down Syndrome and other intellectual disabilities | Inner West area of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club South<https://secure.downsyndromensw.org.au/participation/up-club-local/south> | Adults with Down Syndrome and other intellectual disabilities | Caringbah/Cronulla area of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club North<https://secure.downsyndromensw.org.au/participation/up-club-local/north> | Adults with Down Syndrome and other intellectual disabilities | Chatswood and Lower North Shore of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club South West<https://secure.downsyndromensw.org.au/participation/up-club-local/south-west/event-calendar> | Adults with Down Syndrome and other intellectual disabilities | Campbelltown/Narellan area of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club Parramattahttps://secure.downsyndromensw.org.au/participation/up-club-local/Parramatta | Adults with Down Syndrome and other intellectual disabilities | Parramatta area of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club Penrithhttps://secure.downsyndromensw.org.au/participation/up-club-local/Penrith | Adults with Down Syndrome and other intellectual disabilities | Penrith area of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club Blue Mountainshttps://secure.downsyndromensw.org.au/participation/up-club-local/bluemountains | Adults with Down Syndrome and other intellectual disabilities | Blue Mountains area of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club Easthttps://secure.downsyndromensw.org.au/participation/up-club-local/east | Adults with Down Syndrome and other intellectual disabilities | Eastern Suburbs area of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| Up! Club Hornsbyhttps://secure.downsyndromensw.org.au/participation/up-club-local/north | Adults with Down Syndrome and other intellectual disabilities | Hornsby and Upper North Shore of Sydney | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |
| NDIS & Me Nepean 0-18 Facebook Group | Not applicable – online support group with regular participation by / interaction with group members. | Parents & carers of children with Down syndrome and intellectual disabilities living in the NDIS Nepean rollout area. | Judith Bellewood Project Coordinator9841 44440412 551 622Judith.bellewood@dsansw.org.au |